



Tom King

Tom is currently working towards his ASA Level 1 coaching Qualification

Tom is one of our Youth Performance swimmers with a keen interest in passing on his skills to younger swimmers. Tom has swum at County, Regional and National level since the age of 12. He has been Yorkshire Champion 5 times for different events. He made 2 national finals one in 200 IM as a 12 year old and the other at 200 Fly as a 13 year old. Tom dual clubbed with Hull from age 12-14 and in May 2014 changed direction with his training to enable him to compete in triathlons (both traditional and modern).

Tom has been to national competitions for pool swimming, open water swimming, biathlon and modern triathlon competitions and enjoys the challenge of competition at all levels. Tom recently competed at International level for the Pentathlon GB at a Youth competition which saw his team take a bronze medal.

Tom enjoys helping/coaching at Brid Swim Club and aims to help others improve and maximise their potential

Favourite food: Chicken

Inspired by: Brownlee Brothers

Favourite Sports: Swimming, Cycling, and Running

Favourite Quotation: If you always do what you've always done, you will always get what you always got so be prepared to go the extra mile.