



Sarah Witty

Sarah is currently working towards her ASA Level 1 coaching qualification.

She is also qualified first aider. Sarah is one of our current Youth Performance swimmers with a keen interest in passing on her skills to younger swimmers.

Sarah is the Girls Club Captain and has been a volunteer coach for 2 years.

Favourite food: Deserts of all kinds.

Inspired by: Nicola Adams

Favourite Sports: Loves all sport.

Favourite Quotation: They never said it would be easy, they said it would be worth it.